

White Oats Processing.

Description:

White Oats Processing. Profitable Business Opportunities in Oat Based Products. Oatmeal Production.

Oats are a uniquely nutritious food as they contain an excellent lipid profile and high amounts of soluble fiber. However, an oat kernel is largely non-digestible and thus must be utilized in milled form to reap its nutritional benefits. Milling is made up of numerous steps, the most important being dehulling to expose the digestible groat, heat processing to inactivate enzymes that cause rancidity, and cutting, rolling or grinding to convert the groat into a product that can be used directly in oatmeal or can be used as a [food ingredient](#) in products such as bread, ready-to-eat breakfast cereals and snackbars. Oats can also be processed into oat bran and fiber to obtain high-fibre containing fractions that can be used in a variety of [food products](#).

For more details download PDF file

Keywords: #whiteoats #healthyfood #oats #nutrition #FoodIndustry #agrobasedproducts #agriculture #projectreport #DetailedProjectReport #businessconsultant #businessfeasibilityreport #BusinessPlan #CerealProcessing #CerealBusiness #cerealindustry #foodmanufacturing

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