

# How to Start Fruits and Vegetables Processing Industry

## Description:

Fruits and vegetables, which are among the perishable commodities, important ingredients in the human dietaries. Due to their high nutritive value they make significant nutritional contribution to human well-being. They are the cheaper and better source, the protective foods. If they can be supplied in fresh or preserved form throughout the year for human consumption, the national picture will improve greatly.

In developing countries agriculture is the mainstay of the economy. As such, it should be no surprise that agricultural industries and related activities can account for a considerable proportion of their output. Of the various types of activities that can be termed as agriculturally based, fruit and vegetable processing are among the most important. Therefore, fruit and vegetable processing has been engaging the attention of planners and policy makers as it can contribute to the economic development of rural population. The utilization of resources both material and human is one of the ways of improving the economic status of family.

Fruit & vegetable processing is driven by growing consumer demand for healthy and fresh products that are easily available and require minimal preparation time. Processing of fruits & vegetables increases their shelf-life. Since they are traded on a large scale, processing ensures that market demand of fruits & vegetables with standard quality is met.

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**Keywords:** How to Start Fruits and Vegetables Processing Industry, Fruits and Vegetables Processing, processed foods, fruit and vegetable production, Hurdle, Anthocyanins, Alphanotherin, Tribals, Mucilages, Fenugreek, Trigonella, Physico, Shrikhand, Antinutrients, Digestibility, Fababean, Ricebean, Dehulling, Germination, Sorghum, Biscuits, Kernel, Glucoamylase, Aspergillus, Osmotic, Pectolase, Cardamom, Malted, Vermicelli, Osmotically, Galgal, Coriander, Aonla, Fenugreek, Microbial, Cauliflower, Hurum, Gr

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