

# Investment Opportunity in Edible Oil Manufacturing Unit. Edible Oil Refinery Plant (Sunflower, Groundnut & Rice Bran Oil). Cooking Oil Production.

## Description:

### Sunflower Oil:

Sunflower oil is the non-volatile oil compressed from the seeds of sunflower. Sunflower oil is commonly used in food as frying oil, and in cosmetic formulations as an emollient. It is commonly used as cooking oil as well as in cosmetic formulations due to its emollient properties. Sunflower seed oil is extracted from the black seeds as well as the entire flower.

The sunflower oil benefits are surplus. Sunflower oil has a large number of benefits that help in keeping the body healthy and strong. Though it is included in the list of high fat items, it is gaining popularity as cooking oil due to its wide variety of health-enhancing nutrients. The perfect balance of monounsaturated and polyunsaturated fats makes it perfect for reducing the levels of bad cholesterol. Thus, more and more people are incorporating it in their diet. Some of the benefits of sunflower oil for health are given below.

### Groundnut Oil:

Groundnut is also known as goober, pinder, groundnut, earthnut and ground pea. Peanut oil is natural sweet and flavoured edible oil. Refined peanut oil has a light yellow color and a neutral taste.

This is extracted from pressing peanut kernels. In addition to extracting the oil, peanuts are eaten raw or roasted, and used in cooking and bakery as well. Peanut oil is very high on energy, has a very high burning and smoking point, and contains monounsaturated fats, Vitamins A, D and E. Groundnut oil, also known by other names such as groundnut oil and arachis oil, is a type of vegetable oil commonly used in cooking that is derived from peanuts.

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**Keywords:** Edible Oil Refining, Edible Vegetable Oil Processing, Refining of Sunflower Oil, Edible Oil Refinery Plant, Edible Oil Refinery, Sunflower Oil Refinery, Cooking Oil Refining, Cooking Oil Extraction, Cooking Oil Refinery Plant, How Refined Cooking Oil is Made?, Small Scale Oil Refining Plant, Edible Oil Refinery Plant, Mini Oil Refinery, How to Make Refined Oil, Cooking Oil Refining Process, Cooking Oil Refining Plant, Edible Cooking Oil Refinery from Rice Bran Oil, Sunflower Oil, Rice Bran Oil P

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