List of Profitable Business Ideas in Production of Soy and Soya Based Food Products.

Description:

List of Profitable Business Ideas in Production of Soy and Soya Based Food Products. Soybean Processing Industry.

Manufacturing of Soybean Flour, Soybean Oil, Soy Milk, Soy Molasses, Soy Sauce, Soy Yogurt, Sweet Bean Sauce, Soya Extract, Soy Protein, Soya Nuggets, Soya Paneer, and Tofu.

Soy products are made out of soybean. They are a substitute for milk and milk products such as cheese, flavoured milk, yoghurts and spreads among others. Soy products also act as a substitute for meat products, and are best suited for vegan diets. Soybeans are rich in protein content and provide amino acids that are essential for the body. Soy contains two types of fatty acids namely omega-3 and omega-6 fatty acids. Soybean was first cultivated in China from where it spread to other parts of Asia. Soybeans are used to prepare a variety of food products such as soymilk, soy flour, tofu, tamari, tempeh and others. Soymilk is prepared after soaking soybeans in water. Tofu is a cheese-like food made after curdling the soymilk and is an excellent substitute for cheese for lactose intolerant people. Tamari or soy sauce is made by fermenting soybeans and is used as flavouring agent.

Soy is a predominant ingredient in the food industry. The soy market includes meat alternatives, dairy alternatives, grains, snacks, cereals, meal replacements, protein powders and formulas. Some examples of meat alternatives made of soy include: tofu, tempeh, vegetarian burgers and frankfurters, meatless luncheon slices, canned meat analogs (plant based versions of common meat products), ground soy burger, and soy bacon. Examples of dairy alternatives include: soy milk, soy creamers, soy yogurts, tofu-based butter alternatives, soy whipped toppings, soy cheese, and non-dairy desserts. Soy is sold in bulk fresh, frozen, and dried soybeans. Soy is used for textured vegetable protein in meal replacements and protein powders. Other soy foods including soy sauce, tamari, soy nut butter, and miso. Soy based formulas for infants are also popular. Soybean based oil is considered a commodity product and typically is not purchased for soy benefits.

Soy has a number of health benefits such as increasing bone density. It can also reduce the risk of heart failure as it reduces the cholesterol level in the blood. Soy is a good source of vitamins like B6 and B12 are essential for increasing the hair growth as they nourish the hair follicles. It also provides minerals like zinc and iron. Soy contains certain chemicals called as isoflavones which reduce the risk of breast cancer in women. However, individuals with kidney stones containing oxalates should avoid consuming soy foods as they are a rich source of oxalates. Processed soy food have added sugar that increases calorie levels in the body and increases the chance of heart failure. Soy protein is used in various products like baked goods, pasta, cereals, and meat and meat products.

For more details download PDF file.

Keywords: Soya Based Food Products, Soy Food Products Industry, Production and Processing of Soya Based Food Products, Manufacturing of Soya Based Food Products, Soyabean Meat Manufacturing Business Plan, Soyabean Meat Manufacturing Unit, Soybean Production, Soybean Manufacture, Soybean Processing Business Ideas & Opportunities, Soy Meat Products, Production of Soyabean Meat, Production of Soyabean Nuggets (Automatic Plant), Soya Nugget Processing Plant, Soya Nuggets Plant, Soya Nuggets Manufacturing Proc

Created At: 17 Mar, 2018