

# Production of Sweetener from Rice

## Description:

### Production of Sweetener from Rice. Rice Syrup Sweetener, Brown Rice Syrup Manufacturing Business

Brown Rice Syrup is a natural sweetener produced by fermenting cooked brown rice. Rice syrup can be made from white rice, brown rice or certified organic rice. Also known as rice malt syrup, brown rice syrup is made with whole grain rice subjected to an enzymatic reaction. This process breaks down the starches in the rice, and the simpler sugar (maltose and maltotriose) is separated in liquid format. This liquid is then boiled down into syrup.

Brown rice syrup is an alternative to refined table sugar and artificial sweeteners and is often included as an ingredient for many processed foods. To make brown rice syrup, brown rice is fermented to break down the starch in the grains, then the liquid is removed and heated until it reaches a syrup-like consistency. Two tablespoons of brown rice syrup contains 110 calories and 25 grams of sugar, so it should be consumed in moderation.

Brown rice syrup contains a few trace minerals, including magnesium, manganese, and zinc. But that doesn't make it healthy. Although it's made from brown rice and little else, it's highly refined and concentrated, making it a source of calories and carbs, as well as trace minerals. However, as far as sweeteners go, it is all-natural, nearly always organic, and probably one of the healthiest sugar substitutes available, with the exception of stevia.

It can be used as a general sweetener and in cooking. It is vegan, unlike honey, and can be used instead of it. It has a lower glycemic index than sugar but diabetics will need to carefully count it as part of their regulated carbohydrate intake.

**For more details download PDF file.**

**Keywords:** Rice Syrup Sweetener Production, Brown Rice Syrup, Natural Sweeteners, Rice Syrup Sweeteners, Sweeteners Manufacturing, Production of Rice Syrup, Sweetener Production, Commercial Sweetener Production, Production of Rice Sweetener, Rice Syrup Manufacture, Artificial Sweeteners Production, Sweetener Production Process, Process for Producing a Sweetener, How to Make Rice Syrup, Natural Sweeteners and Sugar Alternatives, Sugar & Sweeteners, Sweeteners for Baking, Rice Sweetener, Brown Rice Sweetener

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