

# Green Peas Processing and Preservation using IQF Technology

## Description:

### **Green Peas Processing and Preservation using IQF Technology. Start your own Vegetable Preservation and Processing Business**

Green peas are a tasty and very nutritious vegetable that should be a part of almost everyone's diet. They're a great source of protein, vitamins, minerals, and soluble fiber. They are also very versatile. Peas can be cooked and prepared in many different ways and can add flavor and interest to many dishes. Another advantage of peas is that they are often inexpensive to buy.

In addition to being a component of a meal, green peas can be used to make other foods, including soups, puddings, and porridges. They also make a great addition to items such as salads, stews, pies, pasta, and omelettes.

Freeze drying is a relatively recent method of preserving food. It involves freezing the food, then removing almost all the moisture in a vacuum chamber, and finally sealing the food in an airtight container. Freeze dried foods can be easily transported at normal temperatures, stored for a long period of time, and consumed with a minimum of preparation.

Freeze-dried food has many advantages. Because as much as 98% of the water content has been removed, the food is extremely lightweight, which significantly reduces the cost of shipping? This also makes it popular with boaters and hikers who have to carry their food with them. Because it requires no refrigeration, shipping and storage costs are even further reduced. Freeze-dried food is also relatively contamination-free since the dehydration process makes it virtually impossible for yeast and potentially harmful bacteria to survive.

**For more details download PDF file.**

**Keywords:** Green Peas Processing Unit, Frozen Green Peas Project, Peas Processing Plant Project Report, Frozen Peas Processing Plant in India, Green Peas Business, Green Peas Processing, Vegetable Processing Plant, Green Peas Processing Plant, Peas Processing Plant, Green Peas Processing & Preservation, Frozen Pea Processing Plant, Project Report on Green Peas Processing, Preservation of Vegetables, Green Pea Production, Food Processing, Green Peas Dehydration, How to Start a Food Processing Unit in India,

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