

Herbal and Ayurvedic Medicines

Description:

Indians are said to be having advantage of well-recorded and well practiced knowledge of traditional herbal medicine. Herbal medicine products are dietary supplements that people take to improve their health. Many herbs have been used for a long time for claimed health benefits. Herbal medicines are the combination of curative experiences of generations of practitioners of physicians of aboriginal systems of medicine from time immemorial. Herbal medicines are as well in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. They offer cure for various diseases which do not have any modern medicine like memory loss, osteoporosis, immune disorders, etc. Their use in the developed world has also increased. The herbal medicines today symbolize safety in contrast to the synthetics that are regarded as unsafe to human and environment. In the primeval times, the Indians sagaciously held the view that herbal medicines are the only resolution to treat numerous health related problems and diseases. Although herbs had been priced for their medicinal, flavouring and aromatic qualities for centuries, the synthetic products of the modern age surpassed their importance, for a while. However, the blind dependence on synthetics is over and people are returning to the naturals with hope of safety and security.

For more details download PDF file

Keywords: Herbal and Ayurvedic medicines, Herbal Medicines for Masses, Nature Law of Cure, Ayurvedic medicines, Ayurvedic System, Clinical trials, Herbal research at NIMHANS, Anxiety, Cognitive deficits, Future research, Study with a Herbal Drug Pippalli Rasayana, Drug, Lowering Blood Sugar, Goitre by Ayurvedic Herbal Medicines, Symptoms, Bryonia Laciniosa

Created At: 24 May, 2016